Hygiene and the use of robotic animals in hospitals: a review of the literature

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Abstract. The aim of this study is to synthesize the existing literature on hospital hygiene and robotic animals to provide researchers and professionals that use robotic animals in this environment with tools and guidelines. The conducted literature review leads to the conclusion that cleaning procedures reported in the included studies and hygienic guidelines cannot be applied to currently available robotic animals due to excessive use of water, disinfectants and high temperatures. This study consequently raises questions about the application of these robotic animals in more vulnerable populations and adds to the understanding of the required conditions for robotic animals if being developed to be used in healthcare institutions.

Keywords: Robotic animal, social robots, hygiene, literature review, reduced resistance, pathogenic microorganisms

INTRODUCTION

With technology developing at an increasing rate, the use of robots in health care is becoming more and more widespread [1, 2]. This also includes the use of animal shaped social robots that are increasingly used in therapy or as a companion [3, 4], which has been studied before in multiple populations and seems effective in diverse settings such as a tool for social development of autistic children, social interactions with preschool children and as a companion in elderly care [5-7].

Several studies have addressed or are currently addressing the effects of robotic animals used with hospitalized children [8-10]. One of these is 'the New Pals project' [11]. This study, in which Dutch and Spanish universities and hospitals collaborate, explores the possible application of the robotic animal Pleo (a robot in the shape of a baby dinosaur) to reduce anxiety and stress in hospitalized children, especially in pre and postoperative treatment [9, 12].

The New Pals project, which provides the framework and motivation for this study, raises

questions about the hygiene of robotic animals in more diverse settings, including those concerning populations with a reduced resistance towards pathogenic microorganisms.

Most of these zoomorphic robots are covered with fur or other forms of realistic skin. Little is known about the ways to effectively handle and clean robotic animals to make them in concordance with existing hygiene standards in hospital settings. However, there are studies that have shown that toys can be contaminated with (pathogenic) micro-organisms and therefore may pose as a potential source of infection [13-19]. It seems likely that this is also the case with robotic animals.

Therefore we aim to synthesize literature on hygiene and robotic animals to provide guidelines regarding their hygienic application in hospitals.

METHOD

Research design

We conducted a literature review for publications regarding hygienic measures when using robotic animals with hospitalized children.

Search strategy

Databases included: Academic Search Elite, Cinahl, Pubmed, Science Direct, Google Scholar and SpringerLink. The following search terms and combination of terms were used: hygiene', 'infection prevention', 'cross infection', 'disinfection', 'decontamination', 'hospital', 'children', 'pediatric', 'oncology', 'healthcare', 'daycare', 'social robot', 'robot animal', 'robotic pet', 'Pleo', 'toys' and 'user manual'.

A filter was used to select only those articles published between 2000 and 2015. Through the 'snowball method' - checking citations and references of relevant found publications - also relevant publications beyond the initial search criteria were found.

Inclusion process

To be included in the final selection, publications had to comply with the following inclusion criteria:

- publications had to consider infection risks, prevention or hygiene with regard to robotic animals in diverse healthcare settings, and
- have well described research designs
- manuals of robotic animals had to contain well described cleaning procedures.

Unfortunately publications regarding hygiene in combination with the use robotic animals in hospital settings do not exist yet. Also, manuals with well described cleaning procedures were scarce.

Therefore we expanded our search to also include toys in general, and other settings such as other healthcare facilities (day care centers, geriatric departments, waiting rooms of general practitioners) and other types of patients (premature infants, elderly, healthy children). We also considered cleaning and disinfection recommendations of surfaces and textile since these are closely related to the materials used in robotic animals.

The search strategy resulted in 12252 publications. After studying the titles of these articles we excluded 12164 publications because they did not fit the inclusion criteria. Of the remaining 88 publications, we excluded 75 publications based on the abstracts. After checking the remaining 13 publications for relevant references, we included 5 additional publications.

We included 18 national and international publications: nine research reports [13-21], six hygienic guidelines/regulations [22-27] and four manuals of robotic animals [28-30]. See table 1 (research reports), table 2 (hygienic guidelines) and table 3 (manuals for robotic animals) for an overview of the included studies and their content.

The nine research reports consisted of three case studies measuring an outbreak of a virus or the amount of (pathogenic) micro-organisms on toys [15, 19, 20], five intervention studies with a pre and posttest (after exposure or after cleaning) without a control group [14, 16-18, 21] and one randomized controlled trial [13].

The six hygienic guidelines/ regulations were aimed at the prevention of infections in diverse settings including hematopoietic stem cell transplant (HSCT) centers (United States) [25], pediatric wards (the Netherlands) [26], a health care organization (Canada)[24], day care centers (the Netherlands) [22], medical day care centers (the Netherlands)[23] and a hospital (the Netherlands) [27].

We found four manuals of robotic animals with well described cleaning procedures. The manuals of the robotic animals included the manuals for Pleo (a robot in the shape of a baby dinosaur) [30], Paro (a robot in the shape of a baby seal) [28], FurReal Friends Puppy (a robot in the shape of a puppy) [29] and JustoCat (a robot in the shape of a cat, developed for therapy with people suffering from dementia) [31].

Analyses

We found a large variety in settings, study designs, and outcome measures, which made a detailed analysis of the effect of hygiene regulations or cleaning procedures on the hygienic application of robotic animals impossible. Therefore, a narrative synthesis was conducted describing the study design, the target population, the setting, the aim of the study, and the main outcomes.

The included publications were summarized using a pretested form by T.S.S. and were checked by C.V. This form encompassed the following themes: 1) cleaning procedure, 2) cleaning frequency, and 3) playing and sharing.

RESULTS

1) Cleaning procedure

Research reports

Nine research reports addressed the cleaning procedure of toys [13-21]. The recommendations on how to clean toys are often divided between hard (e.g. plastics) and soft toys (e.g. stuffed animal). Hard toys must be cleaned with water and soap and then be immersed in a disinfectant (bleach, hypochlorite or other disinfectants). Subsequently they must be rinsed with water and be air dried [13, 14, 16, 23-25]. For soft toys washing in the washing machine is suggested [13, 17, 18, 23, 24], but opinions about the temperature vary. 46° [13], 60° [17, 23] or 80° [18] are suggested. Soft toys can also be decontaminated by soaking them in a hypochlorite solution, followed by machine washing and drying [16] or by immersing them in a disinfectant, then rinse clean with water and dry in the air [13].

Hygienic guidelines/ hygiene regulations

Six hygienic guidelines make recommendations on the cleaning procedure of toys. Toys should be cleaned with all-purpose cleaner [22, 23] or with a disinfectant [25]. Again, a division between hard and soft toys is made. Hard toys should be scrubbed with warm soapy water, rinsed with clean water, then immersed in a mild bleach solution, rinsed again and then air dried [24, 25]. If possible, hard toys should be washed in the dish washer [24, 25]. Soft toys should be washed in a washing machine [24, 25]. Toys that can't tolerate excessive moisture are to be wiped clean with a cloth that is soaked in a disinfectant solution [24].

Three hygienic guidelines provide information on the cleaning and disinfection of surfaces, objects and linen. Surfaces are to be cleaned with allpurpose cleaner [22, 23]. Surfaces and objects that are soiled with blood, excrements or other body fluids with visible traces of blood, have to be disinfected with alcohol 70% (e.g. Ethanol, Isopropyl) or a chlorine solution [22, 23, 27]. Soiled linen has to be washed in a washing machine at 60° or higher and subsequently machine dried [22]. If this is not possible, it should be washed at 40° , at the longest programme [23].

Robotic animal manuals

The manuals of Paro (seal), Puppy (dog), JustoCat (cat) and PLEO (dinosaur) were studied. Due to their sensitive skin, Paro, Pleo and Puppy cannot be cleaned with cleansers, but should only be cleaned using a brush or a damp towel. Only JustoCat has a removable skin that should be washed at 40° and machine dried at a low temperature. Due to the technological devices in these animals they cannot be exposed to excessive water or other liquids [28-31].

2) Cleaning frequency

Research reports

Six research reports make recommendations regarding the cleaning frequency of toys [14, 17-21]. These recommendations vary between every two weeks [13], weekly [17, 18, 20], daily [21] and under certain circumstances (e.g. infectious outbreak or when contaminated with saliva) daily or directly after use [14, 19, 20].

Hygienic guidelines/ hygiene regulations

Five hygienic guidelines report on the cleaning frequency of toys [22-26]. Recommendations regarding the cleaning frequency vary between monthly [23, 26], weekly [17, 18, 20, 25] in regular circumstances. In case of exceptional circumstances (e.g. infectious outbreak or when contaminated with saliva, defecation or vomit) cleaning procedures should be executed daily or directly after use [19, 22, 23, 25].

Two hygienic guidelines report on the cleaning frequency of surfaces and (bed)linen [22, 23]. Surfaces should be cleaned daily, weekly or periodically [23]. Surfaces, furniture and objects soiled with blood, excrements, vomit, diarrhea or other bodily fluids with visible traces of blood should be cleaned and disinfected immediately [22, 23]. (Bed)linen should be washed weekly (if used by a single child) or daily (if not used by a single child) [23].

3) Playing and sharing

Research reports

Four papers report on sharing toys [14, 18-20]. Three papers advise to provide each patient with his or her own toy [14, 18, 19]. Two papers report that when patients have an infection that needs preventive measures toys should not be exchanged [18, 20].

Hygienic guidelines/ hygiene regulations

Two hygienic guidelines make recommendations on sharing toys [24, 26]. Patient-owned toys and patient-owned toys used by patients in isolation should not be exchanged [24, 26]. Toys that are put in the mouth, should also not be shared [26].

CONCLUSION

Regarding the cleaning procedure and the cleaning frequency of toys there are no definite answers to be drawn from the literature. Frequencies and methods vary, even among comparable institutions to such an extent, that it is not possible to generalize.

With regard to sharing toys, reported studies generally indicate that each patient should be provided with his/her own toy and that the extent to which toys are shared should at least be limited. The comparison of the robotic animal manuals and the advices from the literature regarding cleaning raises the question to which extent these can be integrated. The advised cleaning procedures all include extensive use of water and detergents at a high temperature, which robotic animals that are currently available cannot handle.

DISCUSSION AND PRACTICE IMPLICATIONS

Methodological considerations

Due to a lack of suitable studies, we included few on topic publications, which affects the validity of this study. This study primarily shows that little is known about the hygienic application of robotic animals. Further, The general quality of the included research reports is low, due to a high amount of case studies and intervention studies that lack a control condition. Though the confirmability of this study was guaranteed through a double check of the results by two researchers in order to preclude bias, the dependability of this study remains debatable.

Finally, the research designs, the settings and testing methods of the included research reports vary greatly. Also, these reports vary greatly in size and comparability. This makes it hard to draw definite conclusions which limits the transferability of this study. The results of this study are therefore not necessarily applicable to all settings in which robotic animals are used. These settings often differ with regard to their clients and the hygienic standards they uphold. E.g. a daycare centre might employ different hygienic regulations than a pediatric ward in a hospital.

Practice implications

Prevention of infections by robotic animals among patients is a new study domain. To prevent robotic animals from becoming 'dangerous pals' instead of 'new pals' it is necessary to gain more knowledge about this subject. Future research should focus on risks of infections by robotic animals and the preventive measures that should be taken accordingly before these animals can be used in settings with patients that are vulnerable or have diminished resistance.

For a safe use of robotic animals in a healthcare setting, manufacturers of robotic animals, should take infection prevention and hygiene into account, during the design of their products. It might be necessarily to explore the possibilities of redesigning existing robotic animals or to design new ones.

According to this study a robotic animal should have a skin or fur that is able to withstand thorough and regular cleaning. E.g. the skin cannot have cracks and holes that can't be reached during a cleaning session and preferably it should be possible to wash or clean the skin or fur. According to this study, removable textile parts of a robotic animals should be washable at 80° and be resistant to tumble drying. Finally, the robotic animal, or at least the skin that seals off the mechanic parts, must be resistant to high temperatures, disinfectants and a large amount of water. When the skin is hermetically sealed off it should be eligible to submersion in:

- warm soapy water, and/orbleach solution,
- hypochlorite solution

When the skin is not eligible to submersion, it should be cleanable with one of the following disinfectans:

- alcohol 70% (ethanol, isopropyl),
- accelerated hydrogen peroxide,
- chlorine solution

Another option might be a disposable skin that can be renewed after a period of time or when contaminated.

After designing a robotic animal that fits the above mentioned conditions, the hygiene and cleaning procedures of this robotic animal should be thoroughly tested preferably with a control condition.

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Author biographies

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Study charac	teristics	• • • • • • • • • • • • • • • • • • •		Hygiene recommendation	18	
Reference ID	Setting and study design	Aim and intervention	Results	Cleaning procedure	Cleaning frequency	Playing and sharing
[18]	Ortho-geriatric ward England Intervention study, with pre and post test	prosthetic joint infections with Clostridium	cycle.	80° and be tumble-dried.	Weekly	During stay on the ward and in case of a known infection single patient use only Dolls should be washed at 80° before re-using them for other patients.
[15]	Pediatric Ward Canada. Case study	To investigate the outbreak of VRE in relationship to environmental contamination. High touch surfaces, unit	Numerous shared items and toys were contaminated with VRE. Environmental contamination with VRE might have contributed to VRE outbreaks.	cleaning/disinfection of shared items and		

Table 1. Characteristics of the included research reports in this review

[17]	2 Neonatal	To determine whether a	After the laundry cycle	Toys should be washed at	Toys should be	
[*']		washing procedure could	the number of	60° before placing them in		
	Units	decrease the bacterial load	microorganisms (e.g.	an infant's incubator or	washea weekiy.	
	Belgium.	of toys.	<i>Staphylococcus aureus</i>) significantly decreased.	crib.		
	Intervention	57 toys of 57 infants were	significanti y accicasea.			
		tested for potential				
		pathogenic				
	^	microorganisms, then were				
		washed at 60° , then tested				
		again, put back in the cribs				
		for at least three days and				
		then tested for the last time.				
[19]	Pediatric	To measure the incidence	Potential pathogenic		Visibly soiled toys	Toys should be patient-
	Intensive Care	of microbial contamination	microorganisms (e.g.		should be cleaned	owned and sharing should
	Unit (PICU)	on toys and to establish	Staphylococcus		according cleaning	be minimalized, unless the
	England.	whether changes in practice	epidermidis) were found		or disinfection	toys are made of a material
		are necessary.	on 9 toys. 6 of these toys		•	that can be properly cleaned
	Case study		were patient-owned.		away, if cleaning	and the toys are disinfected
		12 toys (6 owned by			can't be achieved.	between patient use.
		children and 6 owned by				
		the PICU) were tested for				
		potential pathogenic				
54 47		microorganisms.				
[14]	2 general	To determine if toys were	Tests before the washing		Toys that are	Infants and toddlers
		contaminated with potential		plastic toys by scrubbing		shouldn't share toys.
		pathogenic microorganisms		the toy in warm soapy	washed and	
	infectious	when they arrive in hospital		water, rinsing it with clean		
		and if they were	least one potential	water, immersing it in a	uses.	should have its own toys
	Costa Rica.	contaminated during the	pathogenic	mild bleach solution for		and not share these with
		patients stay in hospital.	microorganism (e.g.	10-20 minutes, rinsing it		other groups.

	T			••••		
	Intervention	70	-	again with cool water and		
	study with pre	70 toys were tested for	After the washing	letting it air dry.		
	and post test		procedure less			
			microorganisms were			
		······································	identified.			
		owned the toys. Afterwards				
		they were cleaned with 4%				
		Chlorhexidine and water				
		and tested again on the 5th-				
		7th day (31 toys), 10-15th				
		day (7 toys) and every				
		week thereafter (5 toys),				
		until the patient was				
		discharged.				
[21]	Neonatal	Systematic review on the	No clear causal	All toys should be	Toys should be	
	Intensive Care	(possible) relationship	relationship between	removed from the NICU.	cleaned daily.	
	Unit (NICU)	between toys and	toys and nosocomial			
	The United	nosocomial infection rates	infections at the NICU			
	States	at the NICU.	was identified. However,			
			a plausible relationship			
	Systematic	Following the review, a	between toys and the			
	review,	practice change was	risk of infection was			
	intervention	implemented. All toys were	found.			
	study with pre	removed from the NICU				
	and post test	during 6 months and pre-	During the practice			
	•		change, the nosocomial			
		infection rates were	infection rates			
		compared	decreased. Although,			
			statistically not			
			significant, it was the			
			lowest rate record in five			

			years.			
[16]	and one public library New Zealand. Intervention	potential for cross- infection. 46 toys (30 hard and 16 soft toys) were tested for potential pathogenic microorganisms and then decontaminated. The toys of the GP's office were placed back in the waiting room and 4 of them (2 hard and 2 soft) were tested again after two and seven days.	At pre-decontamination testing, potential pathogenic microorganisms were found on both hard and soft toys, although the contamination rates were higher on soft toys. After two day, the level of microorganisms was low for the hard toys and low or moderate for soft	Soft toys can be decontaminated by soaking them in a hypochlorite solution (2.5 g/l) for 30 minutes,		
[20]	Pediatric ward United States. Case study	To investigate an outbreak of the rotavirus on the pediatric ward in relationship to toys, available on the ward (in the playroom). No toys were tested, only patients $(n = 8)$	The infection control	The playroom should be cleaned with bleach (during a rotavirus outbreak).	Toys in the playroom should be cleaned weekly, according protocol. During a rotavirus outbreak, the playroom should be cleaned daily.	Sharing toys may contribute to a rotavirus outbreak. Patients with diarrhea should be restricted from the playroom.

[10]					
[13]	2 day care	To determine if washing	Few potential	The general	
	nurseries	and disinfection toys	pathogenic	recommendations to clean	
	Denmark	reduces sickness absence	microorganisms were	toys regularly is not	
			found in both groups,	supported.	
	RCT	load in a day care	before and after the		
		environment.	intervention (15 out of	(Authors note: However,	
			240 samples and 11 out	the intervention did	
		12 day care nurseries were	of 240 samples).	reduce the level of	
		randomized into an		pathogenic	
		intervention (N=6) and	The intervention	microorganisms and	
		control (N=6) group.	decreased the presence	viruses. This might not be	
			of adenovirus,	significant for healthy day	
		Test samples were taken	rhinovirus and RSV in	care going children, but	
		before and after the	the intervention group,	might make a difference	
		intervention.	compared to the control	for sick children with	
			group. However, the	weakened immune	
		Intervention: toys and linen	metapneumovirus was	systems.)	
		were washed and	decreased in the control		
		disinfected every two	group, compared with		
		weeks. Toys and linen	the intervention group.		
		suitable for machine			
		washing were washed at	The number of days of		
		46° and then disinfected.	absence due to sickness		
		Toys not suitable for	was not reduced.		
		machine washing were			
		immersed in disinfectant or			
		cleaned with a microfiber			
		cloth with disinfectant. The			
		toys were then rinsed with			
		clean water and dried in			
		the air.			
L	1		l		

Study charac	teristics			Hygiene recommendations		
Reference ID	Setting and study design	Aim and intervention	Results	Cleaning procedure	Cleaning frequency	Playing and sharing
[22]		Hygiene guideline for the		Toys soiled with vomit	Toys used by sick	
		management of a		and diarrhea have to be	children have to be	
	Netherlands.	gastroenteritis outbreak in		cleaned with all-purpose	cleaned daily.	
		day care centers.		cleaner, then rinsed with		
				clean water, dried with a	Surfaces soiled with	
				clean cloth or paper towel,	vomit and diarrhea	
				disinfected with alcohol	have to be cleaned	
				(70%) and then air dried.	and disinfected	
					immediately.	
				Soiled linen should be		
				washed at 60° or higher		
				and then machine dried.		
				Surfaces should be		
				cleaned with all-purpose		
				cleaner. Surfaces soiled		
				with vomit or diarrhea		
				should be disinfected with		
				alcohol 70% (small		
				surfaces) or a chlorine		
				solution (big surfaces).		
[23]	Medical day	Hygiene guideline for		Toys should be cleaned	Toys and stuffed	
	care centers	preventing infections in		with all-purpose cleaner.	animals should be	
	and 'Boddaert'	medical day care centers			cleaned or washed	
	centers	and 'Boddaert' centers.		Soiled linen should be	monthly.	
	(centers for			washed in a washing	Mouthed toys	
	children with			machine at 60° or at 40°	should be cleaned	

Table 2. Characteristics of the included hygiene regulations/ guidelines in this review

				1.11	1
	developmental		(longest washing	daily.	
	and behavioral		programme).		
	disorders) in			Surfaces, furniture	
	the		Surfaces (< 0.5 m ²),	and objects soiled	
	Netherlands.		furniture and objects	with blood,	
			soiled with blood,	excrements or other	
			excrements or other body	body fluids with	
			fluids with visible traces	visible traces of	
			of blood have to be wiped	blood should be	
			clean with a paper towel,	cleaned and	
			cleaned with all-purpose	disinfected	
			cleaner, rinsed with clean	immediately.	
			water, dried with a clean		
			cloth or a paper towel,		
			disinfected with alcohol		
			70% and air dried or (if		
			possible) immersed in a		
			chlorine solution for at		
			least 5 minutes, rinsed		
			with clean water and air		
			dried.		
			undu.		
			Surfaces (> 0.5 m^2) should	1	
			be disinfected with a	*	
			chlorine solution.		
[24]	All clinical and	Hygiene guideline/policy	Toys are to be inspected	Toys should be	Patient-owned toys should
[]		for toys and toy cleaning to	for damage, cracks or	cleaned weekly or	be kept in the patient's
	5	prevent the spread of	broken parts during every	sooner, if visibly	room.
		disease and outbreaks	cleaning session. Broken	soiled.	100111.
		involving toys.	toys have to be discarded.	soneu.	
		mvorving toys.	ioys have to be discarded.	Toya that are	
	organization.			Toys that are	

 Т	
	Wash toys in warm soapy mouthed should be
	water, then rinse the soap cleaned after each
	off and disinfect the toys use.
	by any of the following:
	- Wash toys in a
	dishwasher (if
	possible)
	- Wash cloth toys in a
	washing machine and
	then machine dry
	- Soak toys in a bleach
	solution for at least 2
	minutes (30 ml
	bleach/4 l warm
	water)
	- Use a desinfectant
	- Use an accelerated
	hydrogen peroxide
	product (0.5%)
	Toys that are mouthed
	should be rinsed with
	clean warm water to
	remove the disinfection
	agent.
	Air dry the toys after
	disinfection.
	Toys that can't tolerate
	excessive moisture are to

			be wiped clean with a cloth that is soaked in a disinfectant solution. Wipe toys clean after 2 minutes, if the toys might be damaged by the disinfectant.		
[26]	Pediatric wards in hospitals in the Netherlands.	Hygiene guideline for the prevention of infections.		Toys for communal use and stuffed animals have to be cleaned monthly. Toys that are visibly soiled have to be cleaned immediately.	Patient-owned toys, toys used by patients in isolation, stuffed animals and toys that are mouthed have to be used by single patients only.
[25]	Hematopoietic stem cell transplant (HSCT) centers in the United States.	Hygiene guideline for preventing opportunistic infections among hematopoietic stem cell transplant recipients.	Toys should be disinfected with a nontoxic FDA- or EPA- registered disinfectant and rinsed with clean water. Cloth and plush toys should be washed in a washing machine or dry cleaned. Hard toys should be scrubbed with warm soapy water, rinsed with clean water, then	All toys should be cleaned ≥ 1 times/week and as	

		s r t I k v	mmersed in a mild bleach olution for 10-20 ninutes, rinsed again and hen air dried. f possible, toys can also be washed in a dish vasher or washing nachine.	
huis, a hospital	Hygiene guideline for preventing infections in the hospital.	S s a I r s v b c c a I I S a I I V v b c c a I I V v b c s v v b c s v v b c c s v v b c s v v b v b v b v b v b v b v b v b v b	Surfaces and materials hould be disinfected with lcohol 70% (Ethanol, sopropyl). This requires 2 minutes to work. Small urfaces contaminated with visible blood, should be wiped clean with a cloth and disinfected with lcohol 70% (Ethanol, sopropyl). Surfaces and materials can lso be disinfected with a Relavit chlorine solution 1 tablet/5 litres of water). Chis requires 5 minutes to work. Big surfaces contaminated with blood, hould be wiped clean with a cloth and lisinfected with a Relavit	

	1	chlorine solution.	

Study charac	teristics			Hygiene recommendation	Hygiene recommendations		
Reference ID	Setting and	Aim and intervention	Results	Cleaning procedure	Cleaning	Playing and sharing	
	study design				frequency		
[28]	PARO	User manual		Clean PARO's fur with a			
				soft cloth and brush			
				PARO's fur with a soft			
				brush in the direction of			
				the fur.			
				If the fur can't be cleaned,	,		
				contact the distributor to			
				inform whether the fur			
				can be cleaned or			
				replaced.			
				Do not use water or other			
				liquids.			
				Do not use cleaning			
				agents.			
[29]	Furreal Friends	User manual		Clean the fur by brushing			
	puppy			it with a cloth or soft			
				brush to loosen any dirt.			
				Then use a slightly damp			
				cloth to remove stains.			
				Do not put the robot in the	•		
				washing machine.			
				Do not submerge the			
				robot under water.			
				Do not use cleaning			
				agents.			
[30]	PLEO	User manual		Clean PLEO with a damp			
				cloth and wipe carefully.			

Table 3. Characteristics of the included manuals of robotic animals in this review

			Do not use soap or other cleaning agents. Do not immerse or expose PLEO to water or other liquids
[31]	JustoCat	User manual	Wash JustoCat®'s fur and inner cushion in the washing machine at 40°C and tumble dry at a low temperature. Remove the motor box before washing. Wipe the motor box with surface disinfectant before placing it in the inner cushion. Do not immerse the motor box in disinfectant or any other liquid.