

# The Influence of Social Presence on Enjoyment and Intention to Use of a Robot and Screen Agent by Elderly Users

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**Abstract**—When using a robot or a screen agent, elderly users might feel more enjoyment if they experience a stronger social presence. In two experiments with a robotic agent and a screen agent (both  $n=30$ ) this relationship between these two concepts could be established. Besides, both studies showed that social presence correlates with the Intention to Use the system, although there were some differences between the agents. This implicates that factors that influence social presence are relevant when designing assistive agents for elderly people.

## I. INTRODUCTION

EXPLORING the possibilities for using robots and screen agents in eldercare [1], we face not only technological issues but also challenging questions concerning the way elderly people are coping or not coping with this new technology [2-5].

In our research, we address some of those questions by exploring the factors that may influence acceptance of a conversational robot by elderly users [6]. We not only have to deal with the fact that the user characteristics of elderly people differ from the user groups that are addressed in most acceptance studies; we are also facing a type of technology that brings about different aspects [7]. For example, for many users a robot or screen agent may be experienced as a personality that one might or might not appreciate, rather than a piece of technology. Besides, robots and screen agents could have ‘hedonic’ aspects: users might actually feel the same enjoyment they would feel when playing a game or having a pleasant conversation with a person. And it might very well be that the more natural and ‘human like’ this conversation is, the more enjoyment a user would feel and the more this user would feel encouraged to actually use this technology.

In technology acceptance models, enjoyment is sometimes incorporated as ‘Perceived Enjoyment’, defined as ‘the extent to which the activity of using the system is perceived to be enjoyable in its own right, apart from any performance consequences that may be anticipated’ [8]. Most acceptance

models however, are developed within the context of utilitarian or productivity-oriented systems and Perceived Enjoyment is usually not incorporated as a major influence. However, for hedonic, or pleasure oriented systems it seems to be a crucial factor [9]. In the context of acceptance of an assistive social robot by elderly users [10] we found strong indications that Perceived Enjoyment is a major influence on the Intention to Use a system.

If this enjoyment can be related to the feeling of really having contact with a mechanical but social entity, this would mean that a stronger sense of ‘Social Presence’ would lead to a stronger feeling of enjoyment.

The goal of this paper is to try to establish these relationships: Social Presence being a determinant of enjoyment and enjoyment being a determinant of acceptance. This acceptance is to be measured both by the Intention to Use the system and by actual use of it. After describing related research and theoretical concepts, we will explain how we set up experiments with a robot and a screen agent to gather data on Social Presence, enjoyment, Intention to Use and actual (long term) usage of the technology. After analyzing the results of this experiment, we will establish the preliminary position of Social Presence, and Perceived Enjoyment in an acceptance methodology and set out a path for further development of an appropriate model.

## II. THEORETICAL FRAMEWORK

In this section we will explore the used theoretical concepts by discussing related research. We will subsequently discuss robotic technology being used in eldercare, on applying acceptance methodology to robots, on Perceived Enjoyment and on Social Presence.

### A. Robots and screen agents in eldercare

Projects addressing the development of conversational robots for experiments in eldercare are either focussing on possibilities and requirements or on measuring the responses to it by performing experiments with specific robots.

An example of the latter is the research done with a seal shaped robot (Paro) [11, 12]. These experiments showed that a robot could have the same beneficial effect on elders that a pet can have, making them feel happier and healthier. A more recently developed robot with similar pet-like functionalities is the Huggable [13].

Another example of a robot developed specifically for eldercare experiments is ‘nursebot’ Pearl, a robot that could

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actually provide advanced assistance to elders, although its functionalities were merely simulated [14, 15].

A more recently developed robot to be applied in eldercare is Care-o-bot [16]. This robot is intended to provide assistance in many ways, varying from being a walking aid to functioning as a butler.

These different examples suggest that robots could both perform as social actors and fulfill practical functions, although the focus obviously differs within the different projects.

### B. Technology acceptance and robots

Related research on acceptance of a conversational robot is described by De Ruyter et al [7]. It concerned a robotic interface (the iCat made by Philips), which was tested in a Wizard of Oz experiment where the robot was controlled remotely by an experimenter while the participants perceived it to be autonomous. This experiment was done in a laboratory setting, with adult, but not elderly participants.

The results showed that the extravert iCat was perceived to be more socially intelligent and was also more likely to be accepted by the user than a more introvert version. The same robot was used in an experiment by Looije et al. [17] where it featured as a personal assistant for a small group of people with diabetes. Results showed that participants appreciated a more social intelligent agent more and had a higher intention of using it than a less social intelligent one.

It seems that perceived social abilities of a robotic system are indeed appreciated as they would be in a human conversational partner and research on screen agents indicates that this is also the case for two dimensional artificial personalities[18, 19].

### C. Social Presence

Since it is not unusual for humans to treat systems and devices as social beings [20] it seems likely that humans treat embodied agents as such. The extent to which they do so seems to be related to a factor that is often referred to as either 'Presence' or, more specifically 'Social Presence'. Many research projects that are related to our research, incorporate this concept [19, 21, 22].

Originally, the term presence refers to two different phenomena. First it relates to the feeling of really being present in a virtual environment and can be defined as 'the sense of being there' [23]. Second, it can relate to the feeling of being in the company of someone: 'the perceptual illusion of nonmediation' [24]. In our context, the second definition is relevant.

Although there is no direct indication that technology acceptance can be related to a certain degree of Social Presence, there is in fact some indication that it influences the *attitude* towards technology [22, 25, 26]. Regarding the close connection between social abilities and the sense of presence, there could be a crucial role for presence in the process of acceptance of embodied agent technology. Therefore we intend to incorporate measuring Social

Presence in our experiments to research its role.

### D. Technology acceptance models and enjoyment

Since the first introduction of the technology acceptance model (TAM) in 1986 [27], it has become one of the most widely used theoretical models in behavioral psychology. In its most basic form it states that Perceived Usefulness and Perceived Ease of Use determine the behavioral Intention to Use a system and it assumes that this behavioral intention is predicting the actual use [28-31]. The model has been used for many different types of technology and has been extended with other factors that supposedly influenced Intention to Use or usage. In 2003, Venkatesh et al. published an inventory of all current models and factors and presented a new model called UTAUT (*Unified Theory of Acceptance and Use of Technology*) in which all relevant factors would be incorporated.

In these models, the main instrument to measure these influences is by using questionnaires. These questionnaires consist of a number of items which can be questions or statements. Items that measure the same influence can be grouped as a measure of more general constructs. The validation of a model typically includes a long term observation of the actual use of technology, which makes it possible to relate scores on Intention to Use to actual usage.

The original TAM, related models and UTAUT were merely developed for and validated in a context of utilitarian systems in a working environment. Robotic technology used outside a working environment provides systems that might be experienced as more than this: users might have a sense of entertainment when using it. Van der Heijden [9] points out that in 'hedonic systems', the concept of enjoyment is a crucial determinant for the Intention to Use it.

Of course, robotic technology in eldercare will hardly be developed just to entertain: it will be partly utilitarian, partly hedonic. But even if just partly hedonic, enjoyment could prove to be a construct that needs to be part of an acceptance model for robotic technology in eldercare.

Besides, Perceived Enjoyment can also be of importance in utilitarian systems, as pointed out in an extensive study by Sun and Zhang [32]. The study mainly supports the claims by Venkatesh et al. [31] and Yi and Hwang [33], that Perceived Enjoyment has no direct influence on Intention to Use, but that it can influence Ease of Use and Usefulness. Still the study does also recognize that this is not a general claim for all types of systems. Indeed this could work very differently for robotic systems used by elderly people.

An acceptance study also including Perceived Enjoyment concerned the use of Lego Mindstorms development environment by Mindstorms hobbyists [34]. The study, based on the viewpoint that this concerns a partly hedonic, partly utilitarian type of system, confirms Perceived Enjoyment having just an indirect effect on Intention to Use.

We may conclude that literature on acceptance models in general does attribute some influence to Perceived

Enjoyment in systems that are partly or totally hedonic. Since socially interactive robots may be experienced as hedonic systems, this means Perceived Enjoyment could be of some influence. When we consider social acceptance also to be a factor, especially with conversational robots, this means robotic systems differ from the systems described in acceptance model literature so far and the strength of the influence of Perceived Enjoyment is still very much uncertain, especially in the context of eldercare.

### III. METHOD

Relating the concept of Social Presence to Perceived Enjoyment and Perceived Enjoyment to the Intention to Use a conversational robot brings us to another acceptance model issue that is of interest to us. As stated above, an important aspect of these models is the assumption that Intention to Use determines actual use, is correct. This has not been confirmed for this type of technology and for this particular user group yet. This means we have to set up an experiment in which we will not only measure Perceived Enjoyment, Social Presence and Intention to Use a system, but also actual usage. In this section we will present two experiments that have been set up for this purpose. In both cases we measured usage by counting the amount of sessions and the time spent in a limited period (5 and 10 days) with the agent after the initial short test.

#### A. Hypotheses

There are three hypotheses we want to test in an experiment:

- H1. The more users experience Social Presence when interacting with a robot or screen agent, the more they perceive it to be enjoyable.
- H2. The more users perceive a robot or screen agent to be enjoyable, the more they intend to use it..
- H3. The more users indicate they intend to use a robot or screen agent, the more they will actually use it.

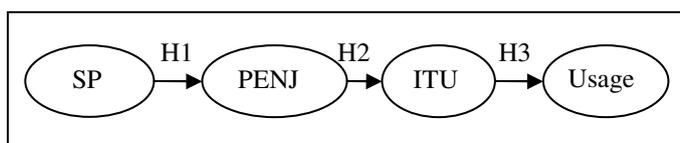


Figure 1. Tested model

As figure 1. shows, we expect (1) Social Presence (SP) to be a determinant of Perceived Enjoyment (PENJ), (2) Perceived Enjoyment be a determinant of Intention to Use (ITU) and (3) Intention to Use be a determinant of Usage.

Measuring Social Presence, Perceived Enjoyment and Intention to Use demands a setup in which there is a small test in which people get a first impression after which they can be subject to a questionnaire. Measuring usage demands a setup in which people can be observed using or not using the system over a certain period.

#### B. Experimental setup for the robotic agent

##### 1) System

The robotic agent we used in our experiment is the iCat (“interactive cat”), developed by Philips, also used in the experiments by De Ruyter et al.[7] and Looije et al.[17] and within our own project [35]. The iCat is a research platform for studying social robotic user-interfaces. It is a 38 cm tall immobile robot with movable lips, eyes, eyelids and eyebrows to display different facial expressions to simulate emotional behavior. There is a camera installed in the iCat’s nose which can be used for different computer vision capabilities.

For this experiment, we used a setup in which the robot was connected to a touch screen as is shown in Figure 2.

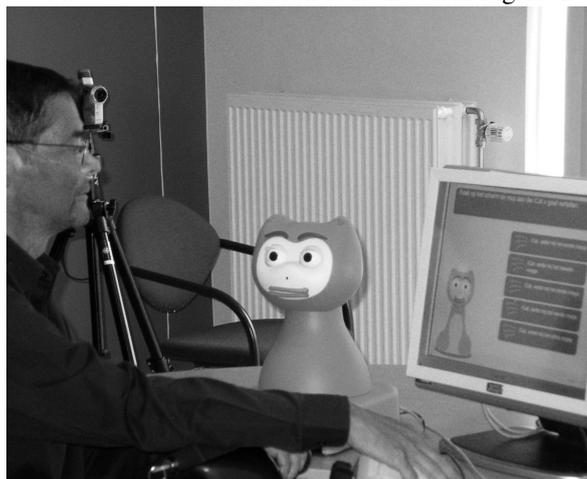


Figure 2. Test participant using iCat with touch screen

It could be used for information and for fun: the participants could ask for weather forecast, a television program overview or a joke by pressing the appropriate choices from a menu on the screen. The information was then given with pre-recorded speech by the iCat, for which we used a female voice. The recording was done with a text to speech engine.

##### 2) Experiment

We designed an experiment in two eldercare institutions in the city of Almere in the Netherlands with the first part consisting of a short test, during which participants were to meet a robot and work with it for a few minutes individually.

##### 3) Subjects

There were 30 participants, recruited both by eldercare personnel and by students. Their age ranged from 65 to 94, while 22 of them were female and 8 were male. Some of them lived inside the eldercare institutions, some lived independently in apartments next to the institutions.

##### 4) Procedure

Participants were brought into a room where they were instructed to simply play with the robot for about three minutes. Subsequently they were brought to another room where they were given a questionnaire. They could ask for help if they were unable to read the statements.

After these sessions were completed, we left the robot for public use in a tea room. On the screen were buttons with the names of the test session participants and one extra button saying “I’m not listed”. Passers by were informed by a note that anyone could use the robot and that they could start a session by pressing the button with their name on it or the “I’m not listed” button if their name was not on the screen.

### C. Experimental setup for the screen agent

#### 1) System

Steffie is a screen agent designed in Flash and developed as a part of a website ([www.steffie.nl](http://www.steffie.nl)) where she features as a talking guide, explaining the internet, e-mail, health insurance, cash dispensers and railway ticket machines.



Figure 3. Screen shot of Steffie

We used an offline version of the application, kindly provided to us by the developers. We used this version on the pc’s of participants. We added an entrance page on which there were the names of possible users. If the user chose a name, it was recorded in a log file and if the user ended the session, it wrote the ending time in the log file. Also, if the user did not use the application for 90 seconds, it closed and wrote the time in the log file.

#### 2) Participants

Participants were 30 elderly users who owned a pc. Their age ranged from 65 to 89 and they were all living independently. Of the 30 participants, 14 were female and 16 were male.

#### 3) Procedure

The participants were visited by a researcher who installed the Steffie application on their pc. Subsequently they were to try out the application for a minimum of two and a maximum of three minutes. After this they were to fill out our questionnaire. After ten days, the researcher returned, copied the log file and deleted the application from the pc.

### D. Instruments

In both experiments we used a questionnaire that consisted of a list of statements that participants could reply to in a five point Likert scale (totally disagree – disagree – don’t know – agree – totally agree). Table 1 shows the used statements on

the constructs Intention to Use (ITU), Perceived Enjoyment (PENJ) and Social Presence (SP). The statements were not grouped by construct, but mixed.

TABLE 1  
USED STATEMENTS FOR INTENTION TO USE, PERCEIVED ENJOYMENT AND SOCIAL PRESENCE

Construct	Statement
ITU	I’m thinking of using the agent the next few days
	I am certainly going to use the agent the next few days
	I am planning to use the agent the next few days
	I think I will use the agent for ... minutes
PENJ	I enjoy it when the agent is talking to me.
	Ik enjoy working with the agent.
	Ik find the agent enjoyable.
	Ik find the agent interesting.
SP	When working with the agent, I felt like working with a real person.
	I occasionally felt like the agent was actually looking at me.
	I can imagine the agent as a living creature.
	I often realized the agent is not a real person.
	Sometimes it seemed as if the agent had real feelings.

The usage data for both systems was collected by using the log. For the iCat, the log was compared to video footage the check if the users were the person they claimed to be when logging in.

The log showed for each system which user logged in for a session (so we were able to count the number of sessions per participant) and the length of a session, measured in minutes.

## IV. RESULTS

We first calculated Cronbach’s Alpha for the used constructs to see if they were consistent. In psychology, an alpha of 0.7 and higher is considered acceptable [36]. As table 2 shows, the constructs had high scores and can be considered reliable.

TABLE 2  
CRONBACH’S ALPHA FOR THE USED CONSTRUCTS FOR SCREEN AGENT STEFFIE AND ROBOT ICAT

Construct	Items	Steffie	iCat
Intention to Use	4	,948	,947
Perceived Enjoyment	4	,802	,801
Social Presence	5	,816	,866

Regarding the long term part of the experiment with iCat, we analyzed the video footage and the log, and compared these to find out if users pressed the button with their name. We found that there were 78 full sessions of which 38 were from test session participants. Users that did not belong to this group did not always use the ‘I’m not listed’ button: 17 of 40 of their sessions were started by them using the name of one of the participants. The test session participants

however, always started their session with their own name.

Usage in minutes varied from 0 to 16 for iCat and from 0 to 135 for the screen agent. Sessions counted per participant varied from 0 to 9 for iCat and from 0 to 10 for Steffie. For most participants we counted about four minutes and one to two sessions with iCat or about 20 minutes and three to four sessions with Steffie. This explains the relatively high standard deviation for usage in minutes and sessions as shown in table 3. For the used constructs table 3 shows a high standard deviation (maximum score on the Likert scale was 5) on Intention to Use and on Social Presence for the robotic agent. Furthermore Intention to Use scored relatively high for the screen agent.

TABLE 3  
MEAN AND STANDARD DEVIATION SCORES FOR BOTH AGENTS

	Robotic agent (iCat)		Screen agent (Steffie)	
	Mean	Std. Deviation	Mean	Std. Deviation
PENJ	3,6667	,84418	3,7933	,51857
SP	2,6000	1,31732	2,7267	,68578
ITU	3,2250	1,37143	4,0500	,98129
Sessions	1,90	2,339	3,20	2,441
Minutes	4,90	4,634	33,93	33,686

We performed a regression analysis to estimate the probability of prediction. Often a multiple regression analysis and path analysis is used when modeling several constructs, but since we have just a few constructs and only one predicting factor per hypothesis, we performed a simple linear regression analysis.

TABLE 4  
LINEAR REGRESSION iCAT ROBOT: T SCORES AND SIGNIFICANCE FOR PREDICTING CONSTRUCTS

Independent variable	Dependant variable	Beta	t	p
Intention to Use	Usage -sessions	,420	2,449	,021*
Intention to Use	Usage - minutes	,413	2,400	,023*
Perceived Enjoyment	Intention to Use	,625	4,236	,000**
Social Presence	Perceived Enjoyment	,606	4,033	,000**

TABLE 5  
LINEAR REGRESSION SCREEN AGENT STEFFIE: T SCORES AND SIGNIFICANCE FOR PREDICTING CONSTRUCTS

Independent variable	Dependant variable	Beta	t	p
Intention to Use	Usage -sessions	,622	4,202	,000**
Intention to Use	Usage - minutes	,623	4,213	,000**
Perceived Enjoyment	Intention to Use	,604	4,008	,000**
Social Presence	Perceived Enjoyment	,514	3,174	,004**

Table 4 and 5 show the results of our analysis for both systems, with the independent variable in the first column predicting the dependent variable in the second column. The scores show that indeed Social Presence is predictive towards Perceived Enjoyment, Perceived Enjoyment is predictive towards Intention to Use and Intention to Use is predictive towards both usage items Times and Minutes.

## V. DISCUSSION AND CONCLUSIONS

For both systems all three hypotheses could be confirmed on the basis of a simple linear regression analysis. Regarding

Intention to Use and Usage, this means the acceptance model assumption of the first being predictive towards the second has been proved to be applicable to robotic systems and screen agents used by elderly people. The high correlation and regression scores between Perceived Enjoyment and Intention to Use indicate that this influence is strong and there is a strong influence of Social Presence on Perceived Enjoyment. This means both constructs can be part of a technology acceptance model for robotic and screen companions that are developed for elderly users. However, such a model would incorporate other constructs like Perceived Usefulness and Perceived Ease of Use that are typical for existing TAM's and Attitude and Anxiety that are used in several other models [31], but could have a more specific content when dealing with robots, especially in an eldercare environment. Future work needs to address the relationships between classical and new constructs.

Although the focus of our study was to show similar findings between the different agents – indeed, the hypotheses were confirmed for both systems - there are some differences worth mentioning. First, both correlation and regression scores show a stronger relationship between Intention to Use and Usage for Steffie than for iCat. Second, the scores for Social Presence correlate with Perceived Enjoyment, Intention to Use and Usage for iCat, but only with Perceived Enjoyment for Steffie. Still, it is hardly possible to explain these differences, since both systems are different in more than one aspect (2 vs 3 dimensional, different functionalities) and also the user groups and settings where different (users of Steffie owned a computer and used it in their own homes).

If we consider the implications on the design of interactive robots and screen agents, these results show the importance of non-functional aspects that may raise the level of enjoyment and the sense of Social Presence for elderly participants. Further research might focus on the design aspects that are increasing enjoyment and Social Presence for elderly users.

Nevertheless, when applying these findings we need to realize that the robot in our experiment has only been available for five days and the screen agent for only ten days. It would be interesting to see the results of a study that measures usage over a few months' period.

Besides, we only used our questionnaire at one moment in the process. It would be interesting to create a setup in which the questionnaire used for the same participants at multiple stages.

Finally, although it is tempting to generalize our findings, we realize that this study concerns elderly users, which is a very specific group when it comes to dealing with new technology. It would be interesting to see how other user groups would respond to robots and screen agents and research the influence of enjoyment and their sense of Social Presence.

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